1 Swiss chard

4 carrots

1 cucumber (if very good)

1 Italian parsley (if good)

1 Radicchio

Strawberries (if good)

Red grapes (if good)

5 medium avocados (5/$5)

2 bunches asparagus ($3.99/lb.)

1 lb. broccoli

Broccoli (Thomas)

Zucchini (Thomas)

3 servings zucchini or yellow squash

1 lb. mushrooms

2 yellow onions

Fruit:

5 servings of fruit

Fruit (Thomas)

Bagels (Thomas)

Mayonnaise

Ramen (Thomas)

Calrose Rice (Thomas)

Chicken (Thomas)

Pork Spareribs ($1.99/lb.)

2 rolls Jennie-O Fresh Ground Turkey Chub 90% Lean ($2.99 each)

Ice cream

Frozen Burritos

Plastic produce bags

Bananas

4 cans chicken broth (Swanson, 33% less sodium) (C24)

1 can condensed cream of mushroom soup with roasted garlic (C24)

2 SPAM (Thomas) (C24)

Worcestershire Sauce (Lea & Perrins) (C22)

Small bags of chips

Sliced cheese (Thomas)

Chlorox wipes

16 oz. sour cream

3 cartons of 18-count eggs

Sweet, salted butter

Glad Cling Wrap (if on sale)

Shampoo (Head and Shoulders Classic Clean, 2 in 1), if on sale

Toilet paper?

Nonfat Milk (3 gallons)

Milk (Thomas)